



ADVENTURE - TRAVEL - LIFESTYLE BLOG

| CHECK                    | ITEM LIST                           | CHECK                    | ITEM LIST                                       |
|--------------------------|-------------------------------------|--------------------------|---|
|                          | WARDROBE:                           |                          | TOILETRIES:                                     |
| <input type="checkbox"/> | Suitable clothes                    | <input type="checkbox"/> | Toothbrush/paste                                |
| <input type="checkbox"/> | Underwear                           | <input type="checkbox"/> | Deodorant                                       |
| <input type="checkbox"/> | Swimwear                            | <input type="checkbox"/> | Mosquito repellent                              |
| <input type="checkbox"/> | PJs                                 | <input type="checkbox"/> | Sun block                                       |
| <input type="checkbox"/> | Gym Clothes if necessary            | <input type="checkbox"/> | Shampoo/conditioner/soap                        |
| <input type="checkbox"/> | Flip Flops                          | <input type="checkbox"/> | Talc  |
| <input type="checkbox"/> | Versatile Shoes                     | <input type="checkbox"/> | Hand sanitizer                                  |
| <input type="checkbox"/> | Sunglasses                          | <input type="checkbox"/> | Medical bag inc pain killers, vitamins, imodium |
| <input type="checkbox"/> | Hats/Bandanas                       | <input type="checkbox"/> | First Aid Kit inc antiseptic cream              |
| <input type="checkbox"/> | Jewellery/watch                     | <input type="checkbox"/> | Cosmetics                                       |
| <input type="checkbox"/> | Quick dry towel                     | <input type="checkbox"/> | Nail clippers/tweezers/razors                   |
|                          | ELECTRICAL:                         |                          | TRAVEL EASY:                                    |
| <input type="checkbox"/> | Kindle                              | <input type="checkbox"/> | Travel wallet                                   |
| <input type="checkbox"/> | Portable Speaker                    | <input type="checkbox"/> | Neck pillow                                     |
| <input type="checkbox"/> | Compact Power Bank                  | <input type="checkbox"/> | Eye mask  |
| <input type="checkbox"/> | Photography Gear                    | <input type="checkbox"/> | Ear plugs                                       |
| <input type="checkbox"/> | Charging Cables                     | <input type="checkbox"/> | Hoodie for A/C buses                            |
| <input type="checkbox"/> | International power adapter         | <input type="checkbox"/> | Cube organisers                                 |
| <input type="checkbox"/> | Headphones                          |                          |   |
|                          | WATERPROOFS:                        |                          | USEFUL:   |
| <input type="checkbox"/> | Waterproof day backpack and padlock | <input type="checkbox"/> | Anti bed bug sleeping bag                       |
| <input type="checkbox"/> | Waterproof phone bag                | <input type="checkbox"/> | Mozy net  |
| <input type="checkbox"/> | Waterproof/dry bag                  | <input type="checkbox"/> | Spare bag                                       |
| <input type="checkbox"/> | Lightweight Rain Coat               | <input type="checkbox"/> | Reusable Water bottle                           |
|                          | ENTERTAINMENT:                      | <input type="checkbox"/> | Money belt                                      |
| <input type="checkbox"/> | Pen/notepad                         | <input type="checkbox"/> | Torch   |
| <input type="checkbox"/> | Downloaded games                    | <input type="checkbox"/> | Sheewee (ladies)                                |
| <input type="checkbox"/> | Deck of cards                       | <input type="checkbox"/> | Mirror  |
|                          | IMPORTANT                           | <input type="checkbox"/> | Swimming goggles                                |
| <input type="checkbox"/> | Travel Insurance                    | <input type="checkbox"/> | Travel hair dryer                               |
| <input type="checkbox"/> | Bank cards                          | <input type="checkbox"/> | Hand fan  |
| <input type="checkbox"/> | Medical insurance                   | <input type="checkbox"/> | Bottle opener                                   |
| <input type="checkbox"/> | Passport                            | <input type="checkbox"/> | Lighter   |
|                          |                                     | <input type="checkbox"/> | Sewing kit                                      |
|                          |                                     | <input type="checkbox"/> | Water purifying tablets                         |
|                          |                                     | <input type="checkbox"/> | Spare passport photos (visas)                   |

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